

# Domestic Abuse Helplines and Services across the UK

## Action for Children

Helping children across the UK to grow up safe and happy. For campaigns and articles, enter the search term 'Domestic Abuse'.

[www.actionforchildren.org.uk](http://www.actionforchildren.org.uk)

## Age UK advice line: 0800 678 1602

[www.ageuk.org.uk](http://www.ageuk.org.uk)

## Forced Marriage Unit helpline: 020 7008 0151

A joint Foreign, Commonwealth and Development Office (FCDO) and Home Office unit, which leads on the Government's forced marriage policy and supports British nationals in the UK and overseas.

[www.gov.uk/guidance/forced-marriage](http://www.gov.uk/guidance/forced-marriage)

## Galop National LGBT+ domestic abuse helpline: 0800 999 5428

[www.galop.org.uk](http://www.galop.org.uk)

## Hourglass (formerly Action on Elder Abuse) helpline: 0808 808 8141

Ending the harm, abuse and exploitation of older people in the UK.

[www.wearehourglass.org](http://www.wearehourglass.org)

## Imkaan

Details of UK-wide support and services available to black and minority ethnic (BME) women.

[www.imkaan.org.uk/get-help](http://www.imkaan.org.uk/get-help)

## Karma Nirvana helpline: 0800 5999 247

Support for victims of honour-based abuse and forced marriage. Skype calling and contact form available.

[www.karmanirvana.org.uk](http://www.karmanirvana.org.uk)

## ManKind Initiative: 01823 334244

Support for male victims of domestic abuse across the UK, their friends, family, neighbours, colleagues and employers.

[www.mankind.org.uk](http://www.mankind.org.uk)

## Men's Advice Line: 0808 8010327

UK-wide helpline for male victims of domestic abuse.

[www.mensadviceline.org.uk](http://www.mensadviceline.org.uk)



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## **National Domestic Abuse helpline: 0808 2000 247**

Supporting women and children to escape domestic violence.

[www.refuge.org.uk](http://www.refuge.org.uk)

## **Rape Crisis (England and Wales) helpline: 0808 802 9999**

Live chat, text-based service.

[www.rapecrisis.org.uk/get-help/live-chat-helpline](http://www.rapecrisis.org.uk/get-help/live-chat-helpline)

## **Respect helpline: 0808 802 4040**

For anyone concerned they may be harming someone else.

[www.respect.uk.net](http://www.respect.uk.net)

## **Restored**

Equipping the Church to support survivors, advocate on their behalf and engage men in the conversation.

[www.restored-uk.org](http://www.restored-uk.org)

## **Safe Lives**

Dedicated to ending domestic abuse. Offering training and resources.

[www.safelives.org.uk](http://www.safelives.org.uk)

## **The Survivors Trust helpline: 08088 010818**

Umbrella agency for specialist rape and sexual abuse services in the UK.

[www.thesurvivorstrust.org](http://www.thesurvivorstrust.org)

## **Survivors UK**

Support for men experiencing rape and sexual abuse, and for their friends and family.

[www.survivorsuk.org/ways-we-can-help/online-helpline](http://www.survivorsuk.org/ways-we-can-help/online-helpline)

## **Victim Support: 0808 1689 111**

Offers free, confidential support for people affected by crime or traumatic events in England and Wales.

[www.victimsupport.org.uk](http://www.victimsupport.org.uk)

## **White Ribbon**

Men working to end violence against women.

[www.whiteribbon.org.uk](http://www.whiteribbon.org.uk)

## **Women's Aid Live Chat**

Providing services in England to protect women and children, as well as shaping and coordinating responses to domestic abuse.

[www.womensaid.org.uk/information-support](http://www.womensaid.org.uk/information-support)



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